

Miles for Meso 5K Run/Walk 2017

Age Group Results

Race Date

July 04, 2017

Female No Age Provided

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Madeline Peters	Graham	0	144	58	42:00.3	13:33/M

Age Unknown

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Unknown Partic. 228			228	102	9:47:59.8	** :40/M

Female 10 and Under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Sadie Dyhrman	Williston	6	236	69	47:21.8	15:16/M
2	Xinli Arnhold	Federal Way	9	5	76	49:07.8	15:51/M
3	Naomi Aguilar	Seattle	8	225	79	49:27.5	15:57/M
4	Marianna Gore	Federal Way	10	69	121	57:40.7	18:36/M
5	Bailey Searles	Federal Way	8	273	128	59:05.8	19:04/M

Male 10 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Nathaniel Jose Vega	Federal Way	10	208	32	27:53.2	9:00/M
2	Grayson Perkins	Maple Valley	9	142	44	32:20.9	10:26/M
3	Talsot Chesley	Seattle	4	251	63	41:50.9	13:30/M
4	Evan Fredericks	Tacoma	8	61	92	57:37.7	18:35/M
5	Isiak Gore	Federal Way	6	68	93	57:38.8	18:35/M

Female 11 to 15

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Alyssa Murray	Auburn	15	255	3	22:37.1	7:18/M
2	Finnley O'Brien	Bonney Lake	11	133	17	27:57.5	9:01/M
3	Katelyn Mistofsky	Federal Way	12	124	25	30:52.2	9:57/M
4	Vanessa Chesley	Seattle	11	250	44	37:02.1	11:57/M
5	Genie Frederick	Federal Way	13	59	55	41:24.8	13:21/M
6	Natalie Aguilar	Seattle	11	224	78	49:26.4	15:57/M
7	Anna Sherles	Federal Way	15	164	90	53:04.7	17:07/M
8	Mackenzie Searles	Puyallup	14	167	94	53:29.1	17:15/M
9	Mila Tsai	Kent	11	229	105	54:34.4	17:36/M
10	Ketterra Johnson	Kent	12	88	106	54:34.8	17:36/M
11	Rylee McIntosh	Federal Way	12	120	108	54:55.3	17:43/M
12	Madison Searles	Puyallup	14	163	127	59:04.4	19:03/M

*Overall place within gender

Results by BuDu Racing, LLC

Miles for Meso 5K Run/Walk 2017

Age Group ResultsRace Date

July 04, 2017

Male 11 to 15

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Matthew Henson	Tacoma	15	82	7	20:02.9	6:28/M
2	Jameson Karmell	Federal Way	14	258	8	20:16.0	6:32/M
3	Colin Brannan	Puyallup	15	21	9	20:31.7	6:37/M
4	Scott MacLaren	Federal Way	14	110	10	21:03.9	6:47/M
5	Jack MacLaren	Federal Way	12	107	20	25:04.5	8:05/M
6	Andrew Rygel	Federal Way	12	157	24	25:58.5	8:23/M
7	Cade Perkins	Maple Valley	12	141	35	28:40.3	9:15/M
8	Austin De Leon	Federal Way	13	266	37	29:04.1	9:23/M
9	Aiden Warren	Kent	13	263	39	30:03.8	9:42/M
10	Aaron Hutchinson	Federal Way	12	268	41	30:45.6	9:55/M
11	Tanner De Leon	Federal Way	11	264	51	36:44.0	11:51/M
12	Harrison Chesley	Seattle	14	252	54	38:10.3	12:19/M
13	Elijah Readwin		14	240	59	39:29.2	12:44/M
14	Owen Draper	Seattle	13	241	62	41:46.7	13:28/M
15	Evan Readwin	Gig Harbor	13	239	66	42:24.5	13:41/M
16	Lucas Sherles	Federal Way	14	166	83	52:56.2	17:05/M
17	Andrew Hautamaki	Federal Way	15	246	84	52:57.4	17:05/M

Female 16 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Bethany Forward	Federal Way	16	253	1	21:17.1	6:52/M
2	Helena Ducusin	Federal Way	17	244	4	23:19.8	7:31/M
3	Hailey cox	Des Moines	16	254	5	23:37.8	7:37/M
4	Anna Lapella	Federal Way	17	101	50	38:51.2	12:32/M
5	Catie Brannan	Puyallup	17	20	88	52:58.0	17:05/M
6	Ashley Searles	Puyallup	17	162	93	53:27.9	17:15/M
7	Taylor Kindsfater	Tacoma	19	96	98	54:00.2	17:25/M
8	Sarah Hartman	Federal Way	17	79	129	59:22.4	19:09/M

Male 16 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Eric Hamel	Enumclaw	19	223	1	16:31.3	5:20/M
2	Alec Ritter	Enumclaw	18	227	3	16:44.3	5:24/M
3	Sam Lingwall	Enumclaw	16	226	4	18:28.5	5:57/M
4	Jared Norstrem	Puyallup	17	218	15	22:42.5	7:19/M
5	Baker White	Locust Grove	17	193	23	25:35.1	8:15/M

*Overall place within gender

Results by BuDu Racing, LLC

Miles for Meso 5K Run/Walk 2017

Age Group ResultsRace Date

July 04, 2017

Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Trisha Plucknett	Federal Way	26	149	14	27:27.3	8:51/M
2	Kyla Blair	Burien	29	15	15	27:32.3	8:53/M
3	Lindsay Debruler	Ravensdale	27	34	16	27:38.1	8:55/M
4	Alexandra Boyle	Reisterstown	23	214	19	29:07.6	9:24/M
5	Kara Dodenhoff	Minneapolis	24	213	20	29:08.5	9:24/M
6	Sarah Petosa	Federal Way	25	145	26	30:55.3	9:58/M
7	Laura Gorgen	Federal Way	22	73	67	47:07.0	15:12/M
8	Madeline White	Locust Grove	21	195	101	54:21.2	17:32/M
9	Lynsen Moroz	Tacoma	21	211	118	57:05.7	18:25/M
10	Kylee Krause	Federal Way	21	98	130	59:22.8	19:09/M

Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Mason Fletcher	Puyallup	23	54	2	16:37.1	5:22/M
2	Eduardo Garcia	Federal Way	22	65	14	21:53.3	7:04/M
3	Jared McKell	Federal Way	20	122	21	25:06.6	8:06/M
4	Andrew Akers	Federal Way	28	1	60	40:28.6	13:03/M
5	Bradley Gorgen	Federal Way	25	70	94	58:24.7	18:50/M

Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Hansie Wong	Federal Way	36	270	2	22:22.3	7:13/M
2	Shanti Lambert	Kent	39	100	9	25:36.1	8:15/M
3	Natalie Vander Hulst	Tacoma	32	186	12	26:54.3	8:41/M
4	Rebecca Cook	Federal Way	35	33	13	27:13.6	8:47/M
5	Julie Mullins	Federal Way	35	128	23	30:08.5	9:43/M
6	Nicole Fredericks	Tacoma	32	63	24	30:51.3	9:57/M
7	Tessa Higgins	Auburn	33	84	32	32:50.0	10:35/M
8	Kyla Paterno	Puyallup	32	137	37	34:47.9	11:13/M
9	Andrea Velasquez	Puyallup	31	188	42	36:17.6	11:42/M
10	Sara Sutterfield	Kent	30	176	45	37:04.5	11:57/M
11	Luann Regalado	Federal Way	36	152	49	38:30.9	12:25/M
12	Robyn Readwin	Gig Harbor	39	238	51	39:31.2	12:45/M
13	Christina Caillier	Federal Way	37	28	53	40:28.2	13:03/M
14	Namieka Salabie	Auburn	36	221	59	42:11.9	13:36/M
15	Brooke Drumm	Fife	31	36	62	43:07.3	13:55/M
16	Sherry Van Mondfrans	Federal Way	38	184	64	43:15.4	13:57/M
17	Pamela Norberg	Federal Way	34	132	66	46:00.5	14:50/M
18	Nicole Dyhrman	Williston	37	41	68	47:21.6	15:16/M

*Overall place within gender

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Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
19	Belinda Paterno	Puyallup	30	136	80	49:32.3	15:59/M
20	Dawn Mottershead	Federal Way	34	126	82	50:04.0	16:09/M
21	Laura Ducolon	Fife	38	39	84	50:54.7	16:25/M
22	Rachael Makings	Federal Way	34	111	86	51:49.0	16:43/M
23	Myrna Mistofsky	Federal Way	32	125	92	53:14.2	17:10/M
24	Nicole Ducolon	Fife	35	40	124	58:34.0	18:54/M
25	Christina Searles	Puyallup	39	161	126	59:04.4	19:03/M
26	Sarah Asay	Federal Way	35	6	131	59:28.2	19:11/M

Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Matt Brown	Auburn	34	27	5	19:27.6	6:16/M
2	Nick Paterno	Puyallup	30	138	6	19:59.2	6:27/M
3	Brian Mendia	Federal Way	39	123	17	22:51.4	7:22/M
4	Justin Rygel	Federal Way	38	158	25	25:58.7	8:23/M
5	Inyork Wong	Redondo Beach	38	271	27	26:37.2	8:35/M
6	Dirk Vander Hulst	Tacoma	33	185	29	26:53.9	8:40/M
7	John Blair	Burien	30	14	30	27:39.4	8:55/M
8	Terry Plucknett	Cornelius	32	148	48	34:33.3	11:09/M
9	Servando Plascencia	Federal Way	32	147	57	38:57.0	12:34/M
10	Christopher Zenn	Federal Way	38	207	80	49:41.1	16:02/M
11	Jon Fredericks	Tacoma	36	62	91	57:37.7	18:35/M
12	Hans Zeiger	Puyallup	32	204	95	58:49.9	18:58/M
13	Trevor Asay	Federal Way	36	7	97	59:28.2	19:11/M
14	Trevor Drumm	Fife	33	38	98	59:56.5	19:20/M
15	James-Dee Regalado	Federal Way	39	151	104	9:51:57.8	** :57/M

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Catherine Chege	Auburn	42	29	8	25:28.4	8:13/M
2	Laura MacLaren	Federal Way	46	109	10	25:36.9	8:15/M
3	Kristin Hawes	Seattle	44	248	11	25:52.5	8:21/M
4	Diane Lefcort	Spokane	47	247	21	29:42.9	9:35/M
5	Connie Brannan	Puyallup	49	22	22	29:50.2	9:37/M
6	Shila MacDonald	Tacoma	47	106	27	31:29.6	10:09/M
7	Laurie Kesgard	Auburn	47	92	29	32:17.8	10:25/M
8	Trish Drew	Pacific	48	35	31	32:39.8	10:32/M
9	Maribel Harrell	Federal Way	46	78	38	35:05.6	11:19/M
10	Bridget Oconnor	Federal Way	49	134	41	36:01.9	11:37/M

*Overall place within gender

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Miles for Meso 5K Run/Walk 2017

Age Group ResultsRace Date

July 04, 2017

Female 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
11	Alissa Frederick	Federal Way	43	58	56	41:42.5	13:27/M
12	Christine Gibbons		49	215	65	43:25.0	14:00/M
13	Michele Walker	Maple Valley	44	191	72	47:36.4	15:21/M
14	Charlyn Arnhold	Federal Way	46	3	77	49:09.8	15:51/M
15	Carol Hopkins	Puyallup	43	85	81	49:34.5	15:59/M
16	Carrie Yang	Federal Way	40	199	83	50:38.7	16:20/M
17	Angela Perkins	Maple Valley	45	140	89	52:58.1	17:05/M
18	Sharlet Best	Federal Way	47	234	91	53:13.9	17:10/M
19	Paula Barry	Federal Way	44	272	95	53:32.1	17:16/M
20	Sara Johnson	Kent	45	89	100	54:18.9	17:31/M
21	Erin White	Locust Grove	47	194	103	54:32.1	17:35/M
22	Emily Steinke	Locust Grove	42	233	104	54:32.7	17:35/M
23	Cindy McIntosh	Federal Way	45	118	109	54:56.3	17:43/M
24	Kelly Evans	Federal Way	48	48	112	55:34.1	17:55/M
25	Erin Zeiger	Puyallup	42	203	125	58:50.0	18:59/M
26	Celina Williams	Tacoma	44	197	134	1:02:15.0	20:05/M

Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Mario Vega Montero	Federal Way	45	209	11	21:09.5	6:49/M
2	Hoyt Hutchinson	Federal Way	46	267	12	21:20.5	6:53/M
3	Hans Dyhrman	Williston	40	42	13	21:51.0	7:03/M
4	Ralph Frederick	Federal Way	43	60	34	28:39.6	9:15/M
5	Linwood Robinson	Federal Way	47	155	42	31:56.6	10:18/M
6	Donovan Heavener	Puyallup	47	269	43	32:14.9	10:24/M
7	Todd Early	Tacoma	44	43	46	33:23.3	10:46/M
8	Bryan Klingele	Bonney Lake	45	97	56	38:22.9	12:23/M
9	Brad Beaupain	Auburn	47	9	58	39:05.8	12:36/M
10	Oohiamso Blaise	Federal Way	46	276	61	41:42.2	13:27/M
11	Ray Readwin	Gig Harbor	40	237	67	42:25.7	13:41/M
12	Robert Hopkins	Puyallup	43	87	96	59:03.4	19:03/M

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Rose Feliciano	Seattle	52	51	6	24:02.5	7:45/M
2	Mary Ellard-Ivey	Federal Way	52	46	7	25:26.5	8:12/M
3	Margaret Shull	Bellingham	50	170	18	28:01.3	9:02/M
4	Christine Zimmerman	Federal Way	52	222	28	31:44.2	10:14/M
5	Tricia Early	Tacoma	51	44	34	33:24.8	10:46/M

*Overall place within gender

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Miles for Meso 5K Run/Walk 2017

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July 04, 2017

Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
6	Ladonna Martindale	Auburn	53	113	36	34:09.0	11:01/M
7	Julie Marten	Puyallup	53	112	43	36:38.8	11:49/M
8	Donna Whisler	Federal Way	59	192	46	37:35.4	12:07/M
9	Denise Merdich	Federal Way	55	216	47	37:57.4	12:15/M
10	Kimberly Nordmark	Tacoma	54	275	48	37:59.8	12:15/M
11	Suzy Eberle	Federal Way	51	45	52	39:51.3	12:51/M
12	Cindi Wilkes	Sammamish	52	196	57	41:43.6	13:27/M
13	Jill Schnabel	Puyallup	57	159	60	42:15.3	13:38/M
14	Terri Vallala	Milton	54	183	63	43:09.6	13:55/M
15	Diana Beaupain	Auburn	50	8	73	47:55.4	15:27/M
16	Cindy Niemi	Tacoma	52	131	75	49:07.1	15:51/M
17	Kelley Kindsfater	Tacoma	55	94	99	54:01.8	17:25/M
18	Elisabeth Fletcher	Puyallup	55	53	107	54:36.7	17:37/M
19	Kristi Evans	Des Moines	52	49	110	55:33.7	17:55/M
20	Melissa Shkerich	Issaquah	57	231	111	55:34.1	17:55/M
21	Kathy Kearney	Seattle	56	91	116	57:01.7	18:24/M
22	Kim Walker	Federal Way	56	190	119	57:39.7	18:36/M
23	Kay Pitts-Walton	Federal Way	56	146	120	57:39.9	18:36/M
24	Jill Gorgen	Federal Way	55	72	122	58:23.2	18:50/M
25	Christe Breyfogle	Tacoma	57	24	132	59:38.1	19:14/M
26	kari Costanza	Federal Way	54	257	137	1:07:02.3	21:37/M
27	Emmy Beuhler	Federal Way	59	12	139	1:08:43.7	22:10/M

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Randall Norstrem	Puyallup	51	217	16	22:43.7	7:20/M
2	David Shull	Bellingham	52	168	18	23:29.9	7:35/M
3	Craig Brannan	Puyallup	50	23	19	24:35.8	7:56/M
4	Terry Arnhold	Federal Way	56	4	22	25:26.6	8:12/M
5	Todd Fletcher	Puyallup	55	55	28	26:38.2	8:35/M
6	Philip Dyck	Puyallup	58	274	31	27:40.8	8:55/M
7	K.C. MacLaren	Federal Way	50	108	33	28:24.1	9:10/M
8	Robert Condotta	Auburn	54	262	38	29:38.9	9:34/M
9	Dean Stainbrook	Rainier	54	172	45	32:41.1	10:33/M
10	Mark Terry	Federal Way	57	178	47	33:58.4	10:57/M
11	David Sutterfield	Lehi	53	175	52	37:03.5	11:57/M
12	Glenn Draper	Seattle	52	242	64	42:23.9	13:40/M
13	Eric Chesley	Seattle	50	249	65	42:24.4	13:41/M
14	Steven Payne	Federal Way	51	139	70	43:38.3	14:05/M
15	Alex Shkerich	Issaquah	59	230	75	49:06.9	15:50/M
16	Scott Evans	Des Moines	51	50	76	49:07.5	15:51/M

*Overall place within gender

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Age Group Results

Race Date

July 04, 2017

Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
17	Greg Sherles	Federal Way	51	165	78	49:13.2	15:53/M
18	Rich Coogan	Graham	55	32	81	51:16.7	16:32/M
19	Roger Perkins	Maple Valley	50	143	85	52:58.7	17:05/M
20	Randall Kindsfater	Seattle	52	95	87	53:57.6	17:24/M
21	Neil McIntosh	Federal Way	57	119	88	54:53.8	17:42/M
22	Tom Costanza	Federal Way	57	256	100	1:07:16.8	21:42/M

Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Mary Jane Zeiger	Puyallup	63	265	30	32:31.1	10:29/M
2	Kirstie Higgins	Black Diamond	63	83	33	33:21.5	10:45/M
3	Stella Parke	Federal Way	62	135	35	33:25.7	10:47/M
4	Maryann Slafka	Mckeesport	62	171	40	35:24.2	11:25/M
5	Susan Hanscom	Auburn	61	77	54	41:12.4	13:17/M
6	Catherine Lundy	Kent	68	105	61	42:47.4	13:48/M
7	Kay Coogan	Graham	65	31	74	48:19.0	15:35/M
8	Cheryl Stuberg	Federal Way	64	174	85	51:06.4	16:29/M
9	Connie McCrossin	Federal Way	62	117	96	53:40.2	17:19/M
10	Kim Zeiger	Puyallup	61	206	102	54:22.0	17:32/M
11	Kathy Varney	Federal Way	64	187	113	56:09.9	18:07/M
12	Mary Ann Traynor	Federal Way	65	182	114	56:10.7	18:07/M
13	Jane Berntson	Federal Way	60	11	115	56:18.5	18:10/M
14	Naoma Zanetti	Federal Way	66	200	136	1:03:20.7	20:26/M

Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Robert Celski	Federal Way	61	277	26	26:23.4	8:31/M
2	Jake Fey	Tacoma	68	52	36	28:47.5	9:17/M
3	Jim Traynor	Federal Way	67	180	50	35:52.4	11:34/M
4	Andy Hanscom	Auburn	69	235	53	38:00.6	12:15/M
5	Arthur Lapella	Federal Way	65	102	69	43:11.6	13:56/M
6	Greg Gorgen	Federal Way	62	71	71	47:08.1	15:12/M
7	Bill Niemi	Tacoma	60	130	74	49:06.9	15:50/M
8	Michael Schnabel	Puyallup	68	160	82	51:20.3	16:34/M
9	William Booth	Seatac	62	17	89	55:40.4	17:57/M
10	John Moroz	Tacoma	67	210	90	57:06.1	18:25/M
11	Richard Drumm	Chesterfield	63	245	99	59:57.3	19:20/M
12	Mark Freitas	Federal Way	69	64	101	1:08:38.6	22:08/M

*Overall place within gender

Results by BuDu Racing, LLC

Miles for Meso 5K Run/Walk 2017

Age Group Results

Race Date

July 04, 2017

Female 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Sue Stipe		79	261	39	35:09.3	11:20/M
2	Bette Hays	Fox Island	72	80	70	47:28.1	15:19/M
3	Janice Nelsen	Puyallup	73	129	71	47:29.8	15:19/M
4	Mary Clingan	Federal Way	71	30	87	52:21.2	16:53/M
5	Shirley McArdle	Federal Way	74	116	97	53:53.2	17:23/M
6	Bonnie Komar	Des Moines	74	212	117	57:04.7	18:25/M
7	Catherine Ghiglione	Burien	70	259	123	58:26.5	18:51/M
8	Carole Kellerman	Federal Way	73	232	133	1:00:11.6	19:25/M
9	Sarah Genzler	Puyallup	76	220	135	1:03:16.8	20:25/M
10	Harriet Shull	Federal Way	85	169	138	1:07:16.2	21:42/M

Male 70 and Over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall*</u>	<u>Time</u>	<u>Pace</u>
1	Bill Mullins	Federal Way	71	127	40	30:14.3	9:45/M
2	Mingshun Liu	Federal Way	71	104	49	34:34.1	11:09/M
3	John Greves	Vancouver	70	74	55	38:15.2	12:20/M
4	Alvah Bittner	Kent	75	13	68	42:57.8	13:51/M
5	Archie Blakely	Tacoma	71	16	72	48:19.2	15:35/M
6	Robert Riddle	Federal Way	70	153	73	48:42.7	15:43/M
7	Robert Reed	Tacoma	75	150	77	49:10.7	15:52/M
8	Larry Hays	Fox Island	72	81	79	49:34.3	15:59/M
9	James Ghiglione	Burien	70	260	86	53:01.3	17:06/M
10	David McArdle	Federal Way	78	115	103	9:48:51.3	** :57/M

*Overall place within gender

Results by BuDu Racing, LLC